Writing an Abstract for Presentation at a Meeting







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Objectives

- Following this exercise and lecture, the participants will be able to
- 1. List the advantages of writing and presenting an abstract
- 2. Describe the IMRaD Principle of scientific writing
- 3. Discuss effective ways to present data in an abstract
- 4. Outline the common pitfalls to abstract writing





Form into groups of 3 or 4

Read through this first draft abstract

In the group, seek to identify errors of omission and commission in each section hint: > 20 !

Be ready in 15 minutes to all come together to discuss your findings



Why submit a Meeting Abstract?

- Develop your national reputation
- Associate your name with a topic
- Obtain funding to attend the meeting
- Help with manuscript preparation
- Forces organization of your thoughts
- Gives you a deadline
- Gives feedback before manuscript submission to shape analyses, interpretation, future research directions
- Network and collaborate
- Job promotion

Find new jobs

See.. Wood and Morrison, J Pall Med 2011; 14:353-359

Meeting(s) Selected Choose meeting fits your work



- 1 abstract per topic per meeting
- May submit even if paper submitted but NOT accepted
- Follow abstract guidelines
 - beware date of submission
 - verify format, word count, manner of submission (fax, email, online etc)
 - note if must **pay to submit;** how much?
 - note author, affiliation, COI specifics:

earch eg. Sponsorship of a "member"?

Abstract Title



Choose with great care

Accurate promise of abstracts contents

10 to 12 words -see how fits in space

Dynamic, conclusive - not descriptive

Avoid jargon, acronyms unless well known

Know what audience you are **targeting** with title



Authors and Affiliations *Restricted* to those who actually did study* conceived, designed, gathered data, analyzed, wrote grant / abstract

Order by relative contributions- most first= person to present if accepted, senior last

Names, credentials, one relevant affiliation for each- usually where work done- follow instructions

COI-state who sponsored- gov't, industry etc



IMRaD Format: Abstract

Authors require "organizational skills" not "literary skills"

- **Introduction** Why did we do this work?
- Methods What did we do?
- **Results** What did we find?
- and
- Discussion
- What do the results mean? +/-What needs to be done now? $_{2014}^{8}$



Intro: Why Did We Do This Work?

- 1 or 2 sentences sum up what known what is your hypothesis, rationale or question
 - =/-why important



Methods: What Did We Do?

Read abstract instructions carefully methods requirements vary Be very concise BUT note design, context, patients and measurements-i.e RCT, cohort.. State analysis methods as succinctly as possible Note IRB approval and funding sources Look at previous abstracts accepted to that meeting Method issues most common reason for rejection of an abstract !!!



Results: What Did We Find?

Extensive social sexual network among young people in Denver, USA



Al-Tayyib AA, Rietmeijer CA 19th Biennial Conference of the International Society for Sexually Transmitted Diseases Research. Sex Transm Infect 2011;87 :Suppl 1, : A 17-18.

Critical component Concisely present findings -results pertain to the hypothesis, 1^o end pts -enough to show why conclusion Use table or figure if conveys info more clearly

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Rules for Tables & Figures Abstracts

- 1. Use table or figure only if **helps convey** more clearly or less space
- 2. Present only **most important data**
- Table or figure should take up less than
 1/3 of abstract
- 4. Include table only if **font same size-** not squish
- 5. Do not use text, table or figure to say same thing i.e. **redundency**
- 6. Check if lines in table increase **readability** or not- lines take space

Durbin CG Jr. Respiratory Care 2004;49:1233-37



Which is Correct Display of Discrete Data Points ?



B

Durbin CG Jr. Respiratory Care 2004;49:1233-37



What is the Error Here?







Durbin CG Jr Respiratory Care 2004;49:1233-37

What is the Error Here?



Durbin et al Respiratory Care 2004;49:1233-37



What is Correct ?





Workshop 2013

Discussion (Conclusion): What Do the Results Mean?



Be straightforward and brief

- 1 to 2 sentences
 - summarizes main finding

- interprets/gives clinical implications

Do NOT over value your results



Abstract Pitfalls

- 1. Abstract topic not "fit" the meeting-
- 2. Title unrelated to content -work
- 3. Intro lacks hypothesis, rationale or question
- 4. Methods lacking, unclear, not related to results* *Most common flaw*
- 5. Results- never say "results will be presented"
 - data –unclear, too compact
 - focused on statistic not clinical significance
- 6. Conclusion- not follow from data
 - not related to hypothesis
 - too sweeping given results
- 7. Not following instructions
- 8. Spelling, grammar, font size, unreadable because too many abbreviations etc

"If you want a 10 minute summary, I can have it for you a week from today; If you want it to be 30 minutes, I can do it by tomorrow; If you have a whole hour, I'm ready now"

*Thomas L Petty Professor of Medicine University of Colorado, USA*¹⁹



Remember Reviewer

read >100 abstracts; choose only 30
Yours must be memorable
for being good
i.e make it best it can be

